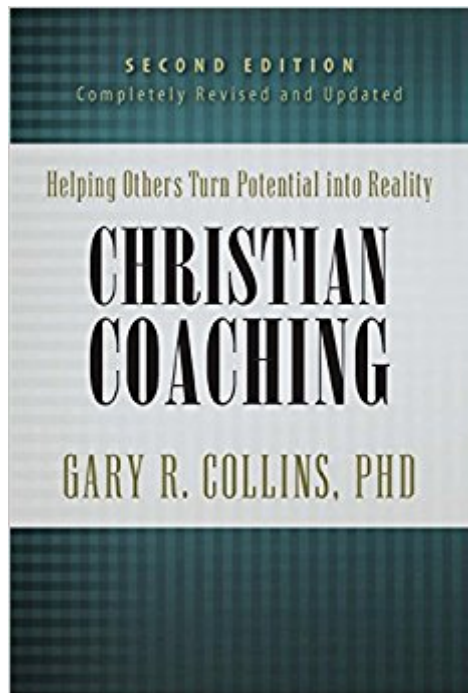




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Christian Coaching, Second Edition: Helping Others Turn Potential Into Reality



Synopsis

With a biblically based approach, this groundbreaking textbook for life coaching presents a coaching model using how-to sections field-tested for more than eight years, custom forms coaches can use, and more.

Book Information

Series: Walking with God

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Customer Reviews

Coaching is a widely respected and highly effective way of helping people get unstuck. Companies, churches, families, and individuals are turning to coaches for help in navigating life's transitions, obstacles, relationships, and more. This second edition of Christian Coaching is a revised, expanded, and updated version with significant new material to reflect current trends and standards in the coaching field. Dr. Collins offers you biblical principles, how-tos, and practical forms and tools to enhance your coaching skills. You'll learn how to:

- * Refine your listening and questioning skills
- * Apply coaching principles in various facets of life, including church, the workplace, and marriage
- * Use the reproducible forms in the back of the book to enhance your coaching
- * Be more effective in helping people discover and live out God's purpose for their lives

Though used widely as a respected textbook and reference for Christian leaders, pastors, and counselors, this may also be the most entertaining book you will read on coaching. It is full of life wisdom and riveting stories that will equip you to help people get from where they are to where they want to be.

GARY COLLINS is a licensed clinical psychologist with a Ph.D. in clinical psychology from Purdue University. He is the author of more than two hundred articles and more than fifty books, including *The Biblical Basis for Christian Counseling* (NavPress) and *Christian Counseling: A Comprehensive Guide* (Third edition published in 2007) and *Christian Coaching* (NavPress). Gary served for twenty years as professor of psychology at Trinity Evangelical Divinity School, was president of the 15,000-member American Association of Christian Counselors, and was founding editor of *Christian Counseling Today* magazine. He is Distinguished Professor of Leadership and Coaching at Psychological Studies Institute in Atlanta and Distinguished Professor of Psychology and Counseling at Regent University in Virginia. He writes a weekly newsletter on coaching and counseling and frequently travels overseas and within North America to speak on issues relating to Christian counseling and coaching.

Christian Coaching is very informative. It discusses what Christian Coaching is and then give steps to accomplish goals. The coaching circle can be used for clients and any issue life presents. The book shares concerns of accreditation and shares cautions of opening a client based business. It holds your attention from the first page to the last. It's a "must-read" for anyone considering Christian Life Coaching.

I have received coach training through my state association and through independent reading and training and this book has been the most helpful in assisting me to transition from a more "informal" approach to coaching to beginning to take on "formal" coaching clients. I haven't had a paying client yet, but that's because I'm in ministry and I'm willing to "coach" many people as part of my position. I coach staff and other growing leaders within my organization. But I was stuck trying to move into more formal coaching relationships and this book helped me greatly to get over that sticking point.

I haven't finished reading it. But so far so good. It is very insightful and practical. It is refreshing and re-enforcing what I'd learned from coaching school. The author inserted good examples of his own experiences and of others.

I can't imagine a better book on the basics of Christian Coaching! It was helpful, informative, and transformative for me!

This is a most valuable tool for anyone that's seriously involved in coaching. The insight given and

practically cannot be acquired without paying hundreds if not thousands of dollars attending workshops or conferences. While this tool can in no way properly equip you to become a trained coach, it can give you valuable insight into the world of coaching.

As I began to hear about coaching I ordered this book on a whim. Little did I realize that while reading it on a vacation, God would ignite a passion in my soul for coaching. A great overview of Christian Coaching as you begin your journey of learning more about coaching. As a leadership coach, I have recommended this book to many others who want to add Coaching to their skill set of helping others.

I have been reading this author's books since the early 90's. He blends a touch of personal, great quotes from other author's writings on the subject, and is a consummate professional to boot. I am a fairly learned individual yet I have learned many important ideas after reading this excellent book. I highly recommend this book.

On balance, a good, basic book for those entering the coaching profession. It will teach you more than how to ask good questions. It demonstrates several different questioning styles and models and has an abundance of advice relating to the business side of coaching. It's a little outdated, but there aren't a whole lot of books specifically dealing with this topic.

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